





The Basic Training Ground Rules

These Ground Rules* will be presented during the first session of the training:

Important aspects of every organisation, activity, or game are defined by its rules. The following Ground Rules are integral to the success of the Basic Training experience:

- 1. Maintain confidentiality of other participants' experiences. Please note: AsiaWorks cannot guarantee confidentiality.
- 2. Attend the entire training. (See enclosed schedule.)
- 3. Be on time. (See enclosed schedule.) Be seated before the music ends.
- 4. Ask questions, talk, and share only when called on by the trainer or during a designated sharing period. Do not side talk.
- 5. Smoke, eat, chew gum, and drink beverages only outside the training room.
- 6. No alcohol, marijuana, or other non-prescription, mood-altering drugs are to be used, either in or out of the training room, during the training.
- 7. Take responsibility for your well being. This includes getting sufficient food and sleep throughout the training, and taking any prescribed medications on schedule.
- 8. Wear your nametag in a visible location during training hours. Turn in your nametag at the end of each day, and before meal breaks.
- 9. Do not record or take notes in the training room.
- 10. Turn off your mobile phone or pager in the training room.
- 11. Do not sit next to someone you knew prior to the Basic Training.
- 12. Be responsible for your religious practices and respect those of others.
- 13. Be responsible for the condition of the premises and respect others who use them.
- * Please note: Ground Rules may vary slightly from country to country regarding times and for accommodation and respect for personal religious practices.